

Thomas P. Ragukonis, M.D.

37 West Century Road
Suite 101
Paramus, NJ 07652
(201) 634-9000

5600 J.F. Kennedy Boulevard
Suite 106
West New York, NJ 07093
(201) 969-9500

2333 Morris Avenue
Suite A-107
Union, NJ 07083
(908) 687-7700

Professional Appointments

September 2016 to Present	New Century Spine & Outpatient Surgical Institute Medical Director 37 West Century Road, Suite 106 Paramus, NJ 07652
April 2014 to Present	Advanced Spine Surgical Center Privileges for Pain Management 855 Lehigh Avenue Union, NJ 07083
August 2013 to Present	St. Jude Medical in Neuromodulation Trained/Approved to perform DRG Stimulation Implanter SCS/BurstDR Programming SJM Consultant Participant of SJM Neuromodulation Strategic Physicians Counsel
March 2013 to Present	Meadowlands Hospital and Medical Center Staff, Department of Surgery/Pain Management 55 Meadowlands Parkway Secaucus, NJ 07094
July 2012 to July 2014	Saint Michael's Medical Center Staff, Department of Anesthesiology Pain Management Physician 111 Central Avenue Newark, NJ 07102
February 2012 to April 2013	Comprehensive Medical Consultants (CMC Pain Management) Director of Pain Management Services 104 East Route 59 Nanuet, New York 10954

Continuation of Professional Appointments:

Nov 2011 to Dec 2015	Hackensack UMC Mountainside Staff, Surgery/Pain Management 1 Bay Avenue Montclair, NJ 07042
October 2011 to April 2014	Overlook Medical Center Atlantic Health System Staff, Department of Neuroscience/Pain Management 99 Beauvoir Avenue Summit, NJ 07902
October 2000 to Present	Palisades Medical Center Staff, Pain Management Physician 7600 River Road North Bergen, New Jersey
November 2009 to 2012	Boston Scientific In Neuromodulation Corporate Consultant (Spinal Cord Stimulators)
November 2007 to Present	Rutgers New Jersey Medical School (UMDNJ) Clinical Assistant Professor Department of Anesthesiology 185 South Orange Avenue Newark, New Jersey
2003 to 2013	Ambulatory Surgical Center of Union County Medical Director and President of Medical Staff 950 West Chestnut Street Union, New Jersey
2001 to 2013	Columbia Anesthesia Associates Chairman and Director of Anesthesiology and Pain Management 30 West Century Road Paramus, New Jersey
2001 to September 2016	Paramus Medical Center Paramus Surgical Center Director of Anesthesiology 30 West Century Road Paramus, New Jersey

Continuation of Professional Appointments:

2001 to September 2016

Paramus Medical Center
Paramus Surgical Center
Medical Director
30 West Century Road
Secaucus, New Jersey

2001 to September 2016

Paramus Medical Center
Paramus Surgical Center
Director of Laboratory Services
CLIA Laboratory Systems
30 West Century Road
Paramus, New Jersey

1999 to 2000

Elizabeth General Hospital
Trinitas Health System
Anesthesiologist
Elizabeth, New Jersey

1997 to 1999

Bergen Medical Center
CLIA Laboratory Systems
Director of Laboratory Services
1 West Ridgewood Avenue
Paramus, New Jersey

1995 to Present

Bergen Pain Management
Director of Pain Management Services
37 West Century Road, Suite 101
Paramus, New Jersey

1995 to 1999

Bergen Medical Center
Bergen Surgical Center
Director of Anesthesiology
1 West Ridgewood Avenue
Paramus, New Jersey

Post Graduate Training

1992 to 1995
Presbyterian Hospital Columbia
University College of Physicians and Surgeons
New York, New York
Resident in Anesthesiology
Concentration in Pain Management and Critical Care

1991 to 1992
University Hospital
University of Medicine and Dentistry
New Jersey Medical School
Newark, New Jersey
Resident in Internal Medicine

Education

1987 to 1991
University of Medicine and Dentistry
New Jersey Medical School
Newark, New Jersey
Doctor of Medicine

1983 to 1987
Rutgers University
Newark, New Jersey
Major in Biology
Honors: Phi Beta Kappa
Beta Beta Beta
Cum Laude
College Honors Program Participant
Dean's List

Licensure

State of New Jersey
State of New York
State of Pennsylvania

Board Certification

American Board of Anesthesiology
American Academy of Pain Management
American Board of Pain Medicine
(April 29, 2017 – December 31, 2027)

Affiliations

The Royal Society of Medicine London, March 2015
North American Spine Society
American Society of Interventional Pain Physicians
American Academy of Pain Management
American Pain Society
American Society of Anesthesiologist
American Society of Regional Anesthesia
International Society for the Study of Pain
Medical Society of New Jersey
Bergen County Medical Society
New Jersey Medical School Alumni Association
Class 1991 Representative

Publications

Brown, A.R., Ragukonis, T.P.
“Early Sign of Successful Bupivacaine
Interscalene Block” the money sign Reg.
Anesth. 1996:21(2) 166-167.

Ragukonis, T.P., Brown, A.R., Pantuck, E.J.
“Shoulder Surgery in the Sitting Position under Interscalene Block:
The Use of Plain Local Anesthetic Solutions Reduces the Incidence of Vasovagal Reactions”.
(Submitted)

Presentations

August 2011	Educational Lecture on Pain Management Hackensack, New Jersey
October 2011	Educational Lecture on Pain Management Hackensack, New Jersey
July 1998	Orthopaedic Grand Rounds Bergen Medical Center Perioperative Pain Management in Orthopaedic Outpatient Surgery. “The Cutting Edge of Regional Anesthesia”

(Continuation of Presentations)

February 1996	Postdoctoral Continuing Education Logan College of Chiropractic Anesthetic Considerations during Manipulations under Anesthesia
September 1993	Resident Lecture Series Columbia Presbyterian Medical Center Deliberate Hypotension
September 1991	Medical Grand Rounds Newark Beth Israel Medical Center Management of Opportunistic Infections of the Nervous System in AIDS. A Case Report.

Professional Honors

Expert Network

Distinguished Doctor

Recognition based on a thorough multi-phase process that evaluates influence/leadership/reputation/knowledge and builds on and serves as a culmination of previously received awards and recognitions.

2017

The Leading Physicians of the World

Recognized as a Top Pain Management Physician in Paramus, New Jersey

2016

Castle Connolly

A New York Metro Top Doctor for 5 Years

Top Doctors: Nominated by Peers, Selected Experts

Among the Very Best in their Specialties

2015

Castle Connolly

Recognized as one of New York Metro Area Top Docs

2014/2015

2013/2014

2012/2013

2011/2012

2010 /2011

Continuation of Professional Honors:

New Jersey's Top Doctors

The Very Best Physicians, Experts in their Fields
Healthy Living – August 2015

Vitals On-Time Doctor

Recognized by Patients for having the Shortest Wait-time 2015

Inside Jersey

Pain Medicine - Top Docs
2010/2011/2012/2013/2014
Selected by Castle Connolly Medical

Inside Jersey Magazine

Top Doctor – Pain Management
2013/2014

Vitals Compassionate Doctor Award

2014

Inside Jersey

Top Doctors – September 2013
A Super List of Jersey Doctors

New Jersey Monthly

Jersey Choice Top Doctors in NJ
2013

NJ's Top Doctors

The Best Doctors in 60 Specialties
New Jersey Monthly magazine as recommended by their peers
2010 / 2011
2009 / 2010

"2010 Champions of Medicine" Award

Awarded by Former Speaker of the United States House of Representatives Newt Gingrich
October 2010

"Leading Physicians of the World" Award

Pain Management – Recognizing the top 1%-2% of doctors in each specialty
June 2010

Continuation of Professional Honors:

SURGIstrategies

Solutions for Outpatient Healthcare
Physician Champions Minimally Invasive Pain Management and
Advocates for Ambulatory Surgery Centers, also Facility Planning, Design and Development
June 2009

M.D. News

Raising the Bar for Minimally
Invasive Pain Management
A Business and Lifestyle Magazine for Physicians
Northern New Jersey Edition
September 2008

A Business and Lifestyle Magazine for Physicians

Northern New Jersey Edition
September 2008

Physician of the Year Award 2003

National Republican Congressional Committee

Honorary Chairman

President's Physician Advisory Board 2003

Physician of the Year Award 2003

National Republican Congressional Committee

Honorary Chairman

President's Physician Advisory Board 2003

America's Registry of Outstanding Professionals

2002 /2003

Strathmore's Who's Who of Professionals

2002/2003

America's Top Physicians

2003

Personal:

Born in Glen Ridge, New Jersey

May 16, 1965

Married with 2 Children