



Thomas P. Ragukonis, M.D.

37 West Century Road
Suite 101
Paramus, NJ 07652
(201) 634-9000

5600 J.F. Kennedy Blvd.
Suite 106
West New York, NJ 07093
(201) 969-9500

2333 Morris Avenue
Suite A-121
Union, NJ 07083
(908) 481-9511

45 Academy Street
Suite 207
Newark, NJ 07102
(973) 370-2770

Professional Appointments

November 2018 to Present

Medtronic

OsteoCool RF Ablation Therapy Training

New Orleans, LA

(Current Treatment recommendations for Bone/Spine Tumors and Cancer Pain)

July 2017 to Present

Abbott, Neuromodulation Division

Trained and Approved to perform DRG Stimulation

Leading implanter in Spinal Cord Stimulation

Participant in St. Jude Medical's Neuromodulation Strategic Physicians Counsel

September 2016 to Present

New Century Spine & Outpatient Surgical Institute

Medical Director

37 West Century Road, Suite 106

Paramus, NJ 07652

April 2013 to April 2016

Advanced Spine Surgical Center

Privileges for Pain Management

855 Lehigh Avenue

Union, NJ 07083

August 2013 to June 2017

St. Jude Medical in Neuromodulation

Trained/Approved to perform DRG Stimulation

Implanter SCS/BurstDR Programming

Participant of SJM Neuromodulation

Strategic Physicians Counsel

March 2013 to Present

Hudson Regional Hospital
Meadowlands Hospital and Medical Center
Staff, Department of Surgery/Pain Management
55 Meadowlands Parkway
Secaucus, NJ 07094

Page 2 of 9

Continuation of Professional Appointments:

July 2012 to July 2014

Saint Michael's Medical Center
Staff, Department of Anesthesiology
Pain Management Physician
111 Central Avenue
Newark, NJ 07102

February 2012 to April 2013

Comprehensive Medical Consultants (CMC Pain Management)
Director of Pain Management Services
104 East Route 59
Nanuet, New York 10954

Nov 2011 to Dec 2015

Hackensack UMC Mountainside
Staff, Surgery/Pain Management
1 Bay Avenue
Montclair, NJ 07042

October 2011 to April 2014

Overlook Medical Center
Atlantic Health System
Staff, Department of Neuroscience/Pain Management
99 Beauvoir Avenue
Summit, NJ 07902

October 2000 to Present

Palisades Medical Center
Staff, Pain Management Physician
7600 River Road
North Bergen, New Jersey

November 2009 to 2012

Boston Scientific In Neuromodulation
Corporate Consultant
(Spinal Cord Stimulators)

November 2007 to Present

Rutgers New Jersey Medical School (UMDNJ)
Clinical Assistant Professor
Department of Anesthesiology
185 South Orange Avenue
Newark, New Jersey

2003 to 2013

Ambulatory Surgical Center of Union County
Medical Director and President of Medical Staff
950 West Chestnut Street
Union, New Jersey

Page 3 of 9

Continuation of Professional Appointments:

2001 to 2013

Columbia Anesthesia Associates
Chairman and Director of Anesthesiology and Pain
Management
30 West Century Road
Paramus, New Jersey

2001 to September 2016

Paramus Medical Center
Paramus Surgical Center
Director of Anesthesiology
30 West Century Road
Paramus, New Jersey

2001 to September 2016

Paramus Medical Center
Paramus Surgical Center
Medical Director
30 West Century Road
Secaucus, New Jersey

2001 to September 2016

Paramus Medical Center
Paramus Surgical Center
Director of Laboratory Services
CLIA Laboratory Systems
30 West Century Road
Paramus, New Jersey

1999 to 2000

Elizabeth General Hospital
Trinitas Health System
Anesthesiologist
Elizabeth, New Jersey

1997 to 1999

Bergen Medical Center
CLIA Laboratory Systems
Director of Laboratory Services
1 West Ridgewood Avenue
Paramus, New Jersey

1995 to Present

Bergen Pain Management

Director of Pain Management Services
37 West Century Road, Suite 101
Paramus, New Jersey

Page 4 of 9

Continuation of Professional Appointments:

1995 to 1999

Bergen Medical Center

Bergen Surgical Center

Director of Anesthesiology
1 West Ridgewood Avenue
Paramus, New Jersey

Post Graduate Training

1992 to 1995

Presbyterian Hospital Columbia
University College of Physicians and Surgeons
New York, New York
Resident in Anesthesiology
Concentration in Pain Management and Critical Care

1991 to 1992

University Hospital
University of Medicine and Dentistry
New Jersey Medical School
Newark, New Jersey
Resident in Internal Medicine

Education

1987 to 1991

University of Medicine and Dentistry
New Jersey Medical School
Newark, New Jersey
Doctor of Medicine

1983 to 1987

Rutgers University
Newark, New Jersey
Major in Biology
Honors: Phi Beta Kappa
Beta Beta Beta
Cum Laude
College Honors Program Participant

Dean's List

Licensure

State of New Jersey
State of New York
State of Pennsylvania

Page 5 of 9

Board Certification

American Board of Anesthesiology
American Academy of Pain Management
American Board of Pain Medicine
(April 29, 2017 – December 31, 2027)

Affiliations

The Royal Society of Medicine London, March 2015
North American Spine Society
American Society of Interventional Pain Physicians
American Academy of Pain Management
American Pain Society
American Society of Anesthesiologist
American Society of Regional Anesthesia
International Society for the Study of Pain
Medical Society of New Jersey
Bergen County Medical Society
New Jersey Medical School Alumni Association
Class 1991 Representative

Publications

Brown, A.R., Ragukonis, T.P.
"Early Sign of Successful Bupivacaine
Interscalene Block" the money sign Reg.
Anesth. 1996:21(2) 166-167.

Ragukonis, T.P., Brown, A.R., Pantuck, E.J.
"Shoulder Surgery in the Sitting Position under Interscalene Block:
The Use of Plain Local Anesthetic Solutions Reduces the Incidence of Vasovagal Reactions".
(Submitted)

Presentations

August 2011

Educational Lecture on Pain Management
Hackensack, New Jersey

October 2011

Educational Lecture on Pain Management
Hackensack, New Jersey

Page 6 of 9

(Continuation of Presentations)

July 1998

Orthopaedic Grand Rounds
Bergen Medical Center
Perioperative Pain Management in
Orthopaedic Outpatient Surgery.
“The Cutting Edge of Regional
Anesthesia”

February 1996

Postdoctoral Continuing Education
Logan College of Chiropractic
Anesthetic Considerations during
Manipulations under Anesthesia

September 1993

Resident Lecture Series
Columbia Presbyterian Medical Center
Deliberate Hypotension

September 1991

Medical Grand Rounds
Newark Beth Israel Medical Center
Management of Opportunistic
Infections of the Nervous System in
AIDS. A Case Report.

Professional Honors

Bergen Magazine

2020

The Top Physicians Selected by their Peers

New Jersey Monthly Top Docs

2019

Jersey Choice

Top Doctors in NJ

2019

2013

Bergen Top Doctors

2020

Inside Jersey October 2018

Top Doctors

The Top Physicians, Recognized for Excellence

Page 7 of 9

Continuation of Professional Honors:

Castle Connolly

A New York Metro Top Doctor for 5 Years

Top Doctors: Nominated by Peers, Selected Experts

Among the Very Best in their Specialties

2015

Castle Connolly

Recognized as one of New York Metro Area Top Docs

2018

2014/2015

2013/2014

2012/2013

2011/2012

2010 /2011

Castle Connolly

Top Doctors – Pain Medicine – Paramus

2017

Expert Network

Distinguished Doctor 2017

Recognition based on a thorough multi-phase process that evaluates influence/leadership/reputation/knowledge and builds on and serves as a culmination of previously received awards and recognitions.

The Leading Physicians of the World

Recognized as a Top Pain Management Physician in Paramus, New Jersey

2016

New Jersey's Top Doctors

The Very Best Physicians, Experts in their Fields

Healthy Living – August 2015

Vitals On-Time Doctor

Recognized by Patients for having the Shortest Wait-time 2015

Inside Jersey
Pain Medicine - Top Docs
2010/2011/2012/2013/2014/2017/2018
Selected by Castle Connolly Medical

Inside Jersey Magazine
Top Doctor – Pain Management
2013/2014

Page 8 of 9

Continuation of Professional Honors:

Vitals Compassionate Doctor Award
2014

Inside Jersey
Top Doctors – September 2013
A Super List of Jersey Doctors

NJ's Top Doctors
The Best Doctors in 60 Specialties
New Jersey Monthly magazine as recommended by their peers
2010 / 2011
2009 / 2010

“2010 Champions of Medicine” Award
Awarded by Former Speaker of the United States House of Representatives Newt Gingrich
October 2010

“Leading Physicians of the World” Award
Pain Management – Recognizing the top 1%-2% of doctors in each specialty
June 2010

SURGIstrategies
Solutions for Outpatient Healthcare
Physician Champions Minimally Invasive Pain Management and
Advocates for Ambulatory Surgery Centers, also Facility Planning, Design and Development
June 2009

M.D. News
Raising the Bar for Minimally
Invasive Pain Management
A Business and Lifestyle Magazine for Physicians
Northern New Jersey Edition
September 2008

A Business and Lifestyle Magazine for Physicians
Northern New Jersey Edition

September 2008

Physician of the Year Award 2003
National Republican Congressional Committee

Honorary Chairman
President's Physician Advisory Board 2003

Page 9 of 9

Continuation of Professional Honors:

Physician of the Year Award 2003
National Republican Congressional Committee

Honorary Chairman
President's Physician Advisory Board 2003

America's Registry of Outstanding Professionals
2002 /2003

Strathmore's Who's Who of Professionals
2002/2003

America's Top Physicians
2003

Personal:

Born in Glen Ridge, New Jersey
May 16, 1965
Married with 2 Children